#### STRIVE — WHS

# Goals & Motivation Dec. 11<sup>th</sup>, 2019 - Mr. Gilbert

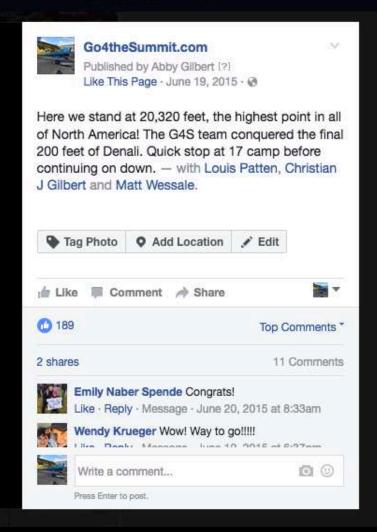
https://vimeo.com/129270681

## What do you need?

What makes you happy? (What do you need to thrive?)

## My Need...





Seek out new experiences and learn more about the world first hand.

#### How will you get your Needs?

What work is involved to create your life?

## How will I get my Needs...

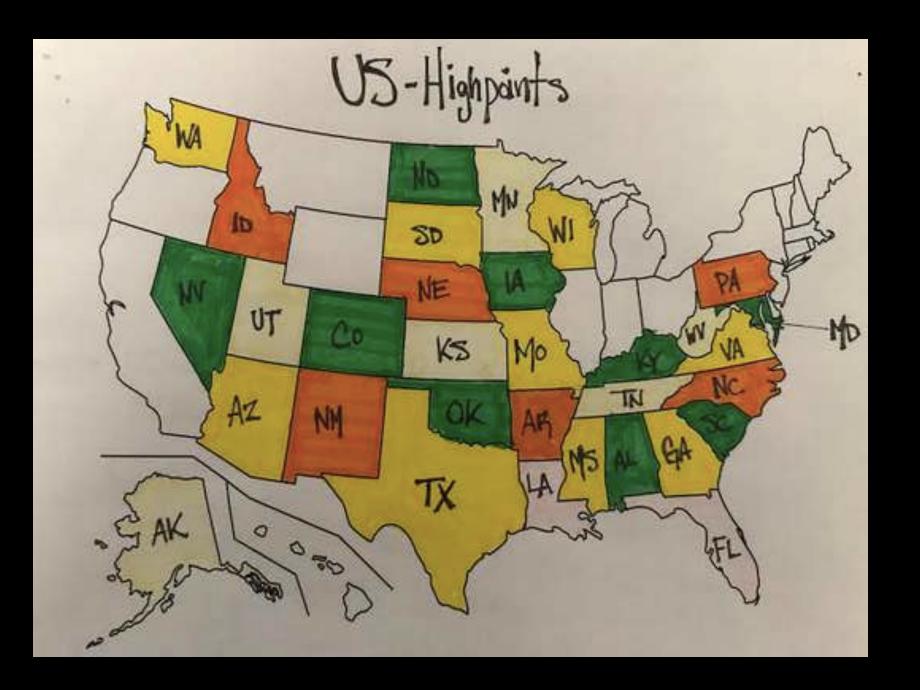






# Where do you see yourself in 365 days?

Seriously...your "Safety Net" of HS (Public Education) is Gone...it is now up to YOU. (One year from today where might you be?)



### What's next?

What is your next move...talking about TODAY/THIS WEEK?

https://www.relive.cc/view/v36Ar7zoAZq



## MHO AM IP

I am a product of a LONG series of GOALS

#### Waconia High School Graduate – 1994

#### Gustavus Adolphus College – 1998

B.A. in Geography, Environmental Studies & Social Studies Education

#### St. Thomas University – 2007

M.A. in Educational Technology

#### Waconia Schools Teacher/Coach—2000 to Present

8<sup>th</sup> Grade World Geography, Head Varsity Girls Track Coach, & Head Varsity Cross Country Coach



# Choice Of Necesity

Leading a life of...

## Choice or Necessity?

#### What is your **Favorite** thing to do?

## Name one **Favorite/Memorable..** teacher/coach/influencer in your life.

#### **SUCCESS** to me is...

#### I LOVE to...

I love to...

Read

Run

					Boat
Climl	0	Travel		Learn	
	Think		Coach		Organize
Talk	HIIIK			Play	Fish
	Laugh	Teach			
				Explore	
Ski	Joke				Eat
			Snowboard		
		Bike			
Drive					Exercise
		Write	Hang out		
Create		VVIICE		Inve	nt



## Think

#### When I THINK I can...

#### Dream, Plan, & Create...

## GOALS

#### Why Make Goals?

## Goals are KEY to help stay focused in order to make YOUR life Better!

EXPLORE, MOTIVATE, and EDUCATE students to go for their own summits in life and be energized by the world we live in.

(Adventure, Curiosity, Learn)









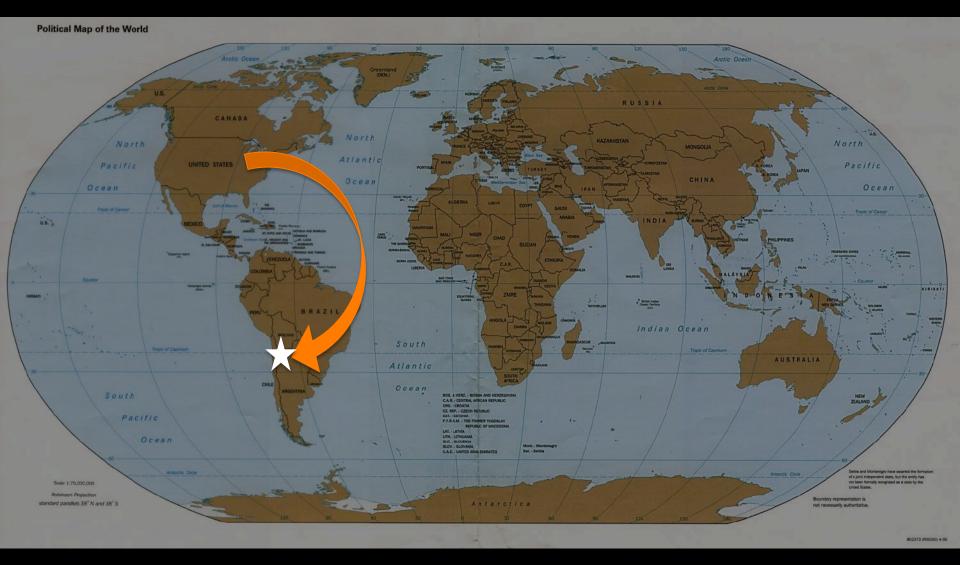






PUSHES ME TO BE A BETTER TEACHER and INSPIRE OTHERS TO GO OUTSIDE THEIR COMFORT ZONE

#### Education Expedition #1 – Mt. Aconcagua, Argentina



**Highest Point in South America/Western Hemisphere** 



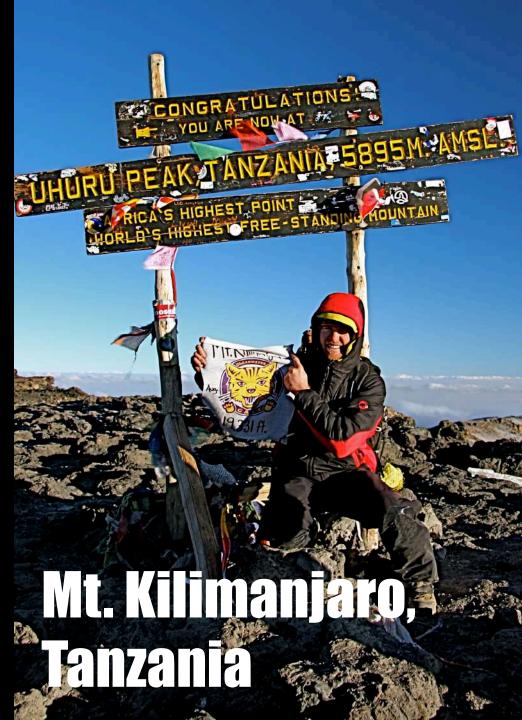
\*\*Highest Point in South America/Western Hemisphere\*\*

#### Education Expedition #2 - Mt. Kilimanjaro, Tanzania

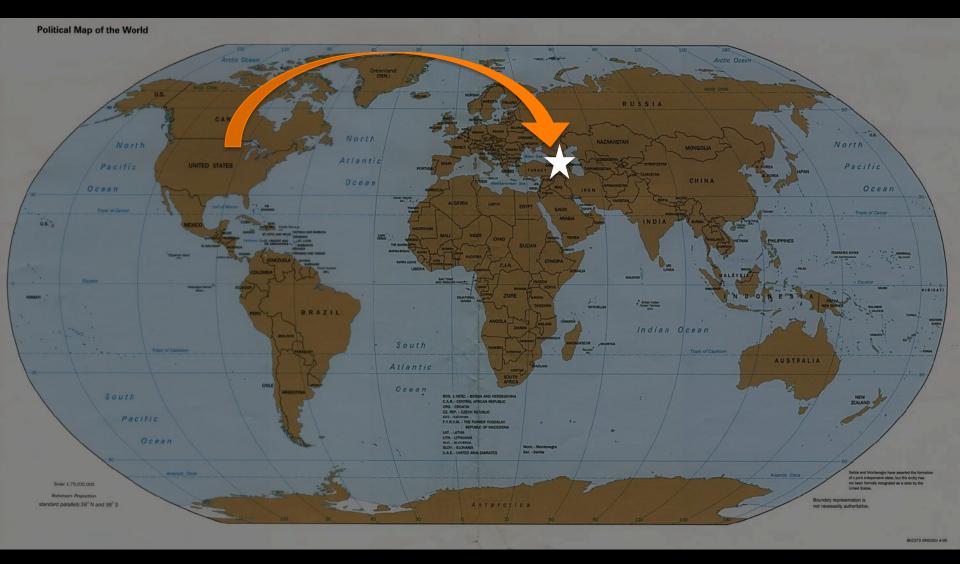


**Highest Point in Africa/Tallest Free Standing Peak on Earth** 

\*\*Highest Point in Africa\*\*



#### Education Expedition #3 – Mt. Elbrus, Russia





\*\*Highest Point in Europe\*\*

#### **Education Expedition #4 – Mt. Kosciuzko**





\*\*Highest Point in Australia\*\*

#### Education Expedition #5 – Pico de Orizaba



### Pico de Orizaba, Mexico



\*\*Highest Volcano in North America\*\*

#### Education Expedition #6 & 7 - Denali/Mt. McKinley



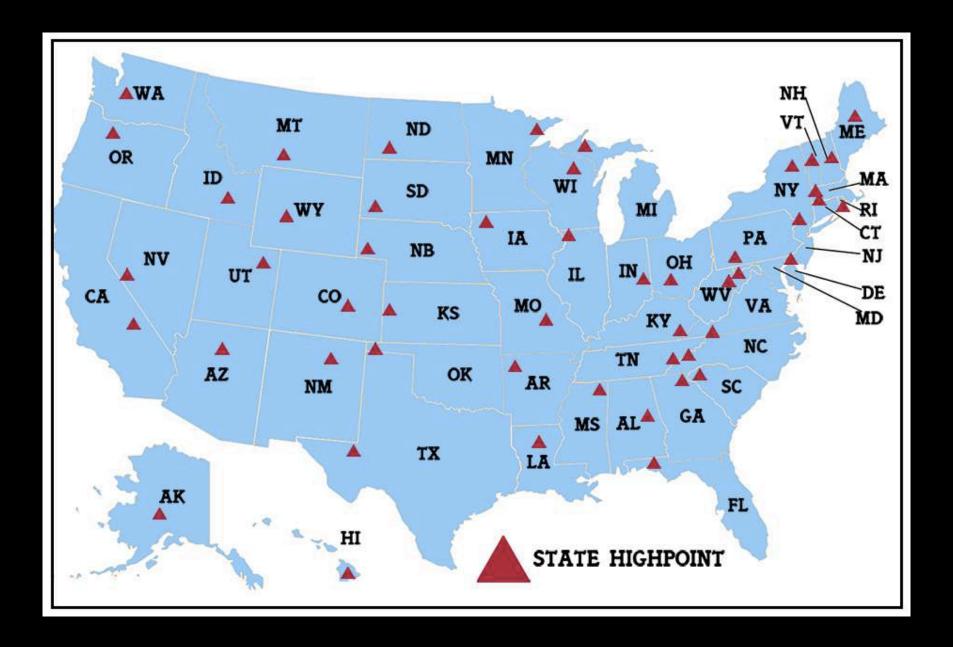
**Highest Point in North America** 

#### Mt. McKinley/Denali, Alaska



\*\*200 Feet short

## What is NEXT?



## 





## go4theSU/MIT.com Explore. Motivate. Educate.

## SO MY Students...

# Realize that with enough energy they can do just about ANYTHING they can dream (THINK) up!

Good Luck **THINKING** your way through life...I hope you find something you **LOVE** to do!

(So you can lead a life full of choices!)

## MY NEXT GOAL...

### Mt. McKinley/Denali, Alaska

Expedition Departs - June 11th, 2015



\*\*LAST 200 feet of the Highest Point in North America\*\*