

## Haute Route Packing List

Altra Olympus 5 Trail Running Shoes  
Altra Trail Running Gaiters  
Superfeet Green Insoles  
1 pr Rubber Birkenstock Sandals  
3 Pair of Darn Tough Running Socks (Mid Calf)  
3 Pair of Boxers  
2 Pair Unlined Hiking Shorts (Prana Mojo Shorts)  
1 Pair of Long Hiking Pants (Prana Stretch Zion Slim)  
30L Hiking Pack Arcteryx Aerios 30/Alpha FL 30  
Gore Tex ProShell Rain Jacket Arcteryx Beta LT  
Gore Tex ProShell Rain Pant Arcteryx Beta Pants  
Synthetic Puffer Hooded Jacket Arcteryx Atom Hoody  
Softshell Hooded Jacket Arcteryx Gamma Hoody  
2 Button Up Hiking Shirts (North Face)  
2 Tee Shirts (Synthetic Blend)  
1 baseball Hat  
1 Buff  
1 pr Mitten/Gloves (Craft Hybrid Weather Glove)  
Traction Spikes (Black Diamond Access Spikes)  
Trekking Poles (Tri-Fold Black Diamond Distance Z)  
1 Camp Backpack Strap Bottle Holster w/ 16oz squeeze bottle  
1 Platypus 1 liter collapsible water bottle  
1 pair of Sunglasses (Goodr OG)  
1 set of Sleeping Sheets (Huts require)  
1 small Hiking First Aid Kit  
3 Outdoor Research Dry Stuff Sacks  
1 personal towel  
Basic Toiletries  
Headlamp  
Basic Electronic, Cords, Powerblock, Adapter

*\*pack weight 20lb on trail*